



# Philadelphia

ORAL & MAXILLOFACIAL  
SURGERY

## Pre Operative Instructions

### 1. From head to toe:

- NO** contact lens
- NO** piercings
- NO** metal on the body
- NO** jewelry
- NO** cell phones
- NO** fingernail polish on the index finger on both hands
- NO** shorts, dresses, or slip on shoes

2. You must arrive **ON TIME** to fill out consents and get cardiac monitors placed. (Arriving late or not showing up can result in the cancellation of your surgery appointment)

3. Wear a loose short sleeve shirt to allow access to your mid arm for IV placement. (No thick sweaters or long sleeves.)

4. **NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE DAY BEFORE SURGERY.** Food in the stomach can cause vomiting and aspiration into the lungs!

5. If you take daily medications, **PLEASE TAKE ALL OF YOUR USUAL MEDICATIONS** with a **SMALL** sip of water.

6. You must have a **SUITABLE ESCORT TO DRIVE** you to the surgery who will remain in the building for the duration of the procedure and drive you home. (The Uber driver can not be your escort)

7. Do **NOT** bring multiple escorts or small children to the surgery appointment.

8. Be aware that taking aspirin, motrin, or herbal products can cause prolonged bleeding. Just alert your doctor if you have been taking any of these medications.

9. Any changes in medications or allergies must be alerted prior to your surgery. Please call **215-273-3223 (FACE)**

10. For any appointment changes please notify us **48 hours** in advance to allow us to give your appointment to another patient.

11. **ASTHMA PATIENTS:** Bring your **albuterol** to the appointment as well as perform any nebulizer treatments at home prior to you coming in.

**Please** watch this short video to help prepare you for your surgery:

[https://drive.google.com/file/d/1P5bsnVy4CJM8Gq8hVPP2D\\_XZttimPmor/view?pli=1](https://drive.google.com/file/d/1P5bsnVy4CJM8Gq8hVPP2D_XZttimPmor/view?pli=1)

